# Royal Nectar<sup>™</sup>





# Company Profile & Product Manual 2020





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# **OUR STORY**

# WHO WE ARE

### TAKE A WALK DOWN MEMORY LANE

#### WHERE IT ALL BEGAN

Formed in 1973, Nelson Honey & Marketing (NZ) Ltd is owned and operated by Philip Cropp. Philip's grandfather began as a one man apiary producing honey from hives as a sideline to his fruit orchard over 100 years ago. Nelson Honey brings together three generations of beekeeping and honey production experience to offer you the best New Zealand bee products.

Over the past four decades the company has grown substantially in production output, number of staff, export markets and product diversity.

What began as a one man apiary has now grown into a thriving business with operations in Motupiko, Tapawera, Nelson Lakes, the Marlborough Sounds and Hokitika. Our sister companies include Rainbow Honey Ltd and Rainbow Station Farms Ltd and we have over 5,000 hives strategically placed throughout the untouched pristine wilderness of the top of the South Island, around National Parks and the beautiful West Coast.

Nelson Honey now has offices/business hubs in both England and Singapore to serve these regions.

#### WHO DECIDED IT WAS A GOOD IDEA TO COMBINE BEE VENOM AND MANUKA HONEY?

Our owner and Managing Director Philip Cropp was the first to combine Manuka honey with bee venom.

How this came about you ask?

Philip received multiple requests from a 'farmer down the road' who suffered severely from arthritis and came to the conclusion that a bee sting helped to relieve some of his pain.

After a considerable amount of testing to ensure the correct ratio of Manuka honey to bee venom was used, Philip launched the Nectar Ease range.

Some people like to call this the 'aches and pains honey' as many people suffering from sore joints and arthritis have said they rely on this honey to give them the relief and help they deserve, without the harsh side effects of medication.

It was this ingredient that was first incorporated into natural skincare products used by the British Royal Family and launched in the famous Royal Nectar skincare range.





# WHO WE ARE

## **OUR BRANDS**



#### NECTAR EASE

This is a natural range including Manuka honey and bee venom that may assist with pain relief resulting from aching joints and arthritis.



#### **NELSON HONEY**

Nelson Honey is a range of products from Manuka, other native wild multiflorals and Honey Dew honeys to Bee Pollen Capsules. Nelson Honey provides some of the finest quality and purest bee products from New Zealand to the world. Royal Nectar<sup>™</sup>

#### **ROYAL NECTAR**

A specialty range of skincare products formulated using our unique blend of Manuka honey and bee venom, Easyliance and essential oils and waxes. These products visibly reduce the signs of aging and skin irritations, helping to maintain a radiant, younger looking skin.

## **OUR VALUES**

### Our Honey, Our Bees, Our Testing

#### **OUR HONEY**

We pride ourselves on extracting honey from some of the most untouched parts of New Zealand, free from chemicals and pollution. The end result is some of the purest honey in New Zealand.

#### **OUR BEES**

We have a dedicated team of beekeepers who work with our bees year round to continuously provide the rest of the world with the naturally delicious Nelson Honey. We actively protect and care for the health of our bees and their habitats.

#### **OUR TESTING**

We use independent laboratories to test our range of Manuka honeys for the unique factor of Methylglyoxal (MG).

These independent tests allow us to accurately determine and verify the amount of MG within our Manuka honeys. This is the method currently used to test the activity in Manuka honeys and allows us to provide accurate information to our consumers about the authenticity of our products.



# OUR VALUES

### FEEL THE BEST OF WHAT NATURE CAN DO

#### **OUR BELIEFS**

At Nelson Honey we harness the natural brilliance of bees to create a skincare range that contains the best of what bees have to offer to help you look and feel great.

#### **OUR MISSION**

We provide high quality natural bee products at competitive prices to our customers, and encourage our customers to use nature to support their health and well-being.

#### **OUR PROMISE TO YOU**

worldwide.

We bring gentle yet effective skincare products to help you look great and maintain young, radiant looking skin.

We aim to give you the inner confidence you deserve knowing that your skin is the best it can be thanks to the brilliance of bees. We want to tantalise your taste buds with the purest New Zealand honeys from some of the most remote areas of the South Island. We will continually develop and grow so that we can aid in the expansion of natural skincare





# **BEE VENOM**

### SAFETY OF OUR BEES DURING BEE VENOM EXTRACTION

#### Safe Bee Venom Extraction

We get questions about whether or not bees are harmed in the process of bee venom extraction. Here at Nelson Honey we pride ourselves on taking exceptional care of our bees and also ensuring that when we source bee products, the bees have received proper care and treatment.

The bee venom used in Nectar Ease is extracted exclusively from the Apis Melifera species of honeybee.

Bee venom is extracted from honeybees using low voltage electrical stimulation. Bee keepers use a collection frame which has wire electrodes installed that have a low electrical current running through the electrodes on a glass base.

These frames are installed in honey hives and bees that come into contact with the wire electrodes will receive a small electrical shock. This causes the bees to sting the glass, releasing venom without losing their barbed sting (which usually results in the death of bees).

Once the collection process has finished, the bee venom dries on the glass and then the whole frame is transported to a laboratory to collect the venom.





# **POLLEN & PROPOLIS**

### How Propolis & Pollen is extracted

#### Propolis

#### What is Propolis?

Propolis is used by the bees to protect their beehives. It is used to fill in cracks, to protect the hive from wind and rain. Bees also use it to cover any foreign body that has strayed into the bee-hive (eg: a mouse) in order to protect themselves from odour and bacteria created during the decomposition of a corpse.

#### How is Propolis extracted from the hive?

Since bees gather propolis mainly in the spring and autumn, it should be collected in this period. The simplest and most practical way is to use a thick plastic foil. The foil is cut to completely cover the brood super and the honey super, and is placed directly over the honeycomb frames. When bees load the honey into the beehive, they do it speedily in order to seal all the gaps between the frames and the foil, thus piling the propolis onto the foil and along the edges of the honeycomb frames. The accumulated propolis should be removed from the foil and the frame edges every 10 days with the aid of a hive tool.





#### Pollen

#### What is Pollen?

Bee pollen is essentially the pollen collected when bees visit various flowers. Interesting fact: in one teaspoon of Bee Pollen there is over 2.5 BILLION grains of flower pollen!

Nelson Honey bee pollen granules are collected by honey bees in New Zealand and contain vitamins, minerals, amino acids, proteins and carbohydrates. Bee pollen is often called the only 'perfectly complete food' as it contains nearly all the nutrients that humans need for life.

#### How is Pollen extracted from the hive?

Bee pollen is collected by fitting a small box with a screen in the doorway of a hive to allow the bee to enter but harmlessly removes the pollen granules from their legs. Beekeepers are very careful to collect only a small amount from any given hive so that the bees are not deprived of this important food source. This is why sometimes it is hard to source bee pollen as many collectors like to give their hives a break.



West Coast Honey, Manuka Honey & Honey Dew Honey

# **OUR TESTING**

### MANUKA HONEY TESTING

#### **Our Testing Explained**

Samples from our drums after extraction are sent to Analytica Laboratories for testing and then a further sample is taken once the honey has been transferred into our tank room prior to packing. Analytica Laboratories test for DHA, MG, NPA and HMF levels.

University of Waikato research showed that the Methylglyoxal in New Zealand Manuka honey originates from the chemical compound Dihydroxyacetone (DHA), which is present in the nectar of Manuka flowers to varying degrees.

Methylglyoxal (MG) Is the compound identified as the active ingredient primarily responsible for the antibacterial activity in the Manuka Honey. The higher the Methylglyoxal level the greater the antibacterial activity. This discovery was first made by Professor Henle, from Dresden University (Germany), and later confirmed by the University of Waikato in New Zealand.

Honey has been known to have broad-spectrum antimicrobial properties and has been used to treat a variety of ailments. This medicinal value is believed to come from features such as honeys acidity, high sugar concentration and the presence of bacteriostatic and bactericidal compounds. Certain honeys derived from the New Zealand Manuka tree have additional antimicrobial activity, above and beyond what is contributed by the above features.

Hydroxymethylfurfural (HMF) is a key indicator of honey freshness and quality, and occurs naturally in most honeys. It is a breakdown of the fructose in honey, which increases when the honey is heated. The International Standard for Honey (Codex Alimentarius) states HMF content after processing should not be more than 40mg/kg. It is important honey is stored in a cool place and we recommend below 18°C.



### MANUKA HONEY

### **Pioneering Beekeepers Since 1899**

At Nelson Honey & Marketing (NZ) Ltd three generations of beekeepers have taken a love of bee & New Zealand to create an authentic & unique range of honeys. We have thousands of hives nestled amongst the pristine mountains, remote forests and beautiful bays all over the top of the South Island of New Zealand.

#### Manuka Honey 30+, 100+, 150+, 200+, 300+

#### 30+ - 250g, 500g, 1kg

Our 30+ Manuka Honey guarantees to our customers that the level of Methylglyoxal is the equivalent if not greater than 30 and can range between 30-99. We class this as our lowest grade of Manuka honey.

#### 100+ - 250g, 500g

Our 100+ Manuka honey guarantees to our customers that the level of Methylglyoxal is the equivalent if not greater than 100 and can range between 100-149. This range features as our mid-range of Manuka honey.



#### 150+ - 250g, 500g

Our 150+ Manuka Honey guarantees to our customers that the level of Methylglyoxal is the equivalent if not greater than 150 and can range between 150-199. This features as a high grade of Manuka honey.

#### 200+ - 250g, 500g,

Our 200+ Manuka Honey guarantees to our customers that the level of Methylglyoxal is the equivalent if not greater than 200 and can range between 200-299. This features as a premium grade of Manuka honey.

#### 300+ - 250g, 500g

Our 300+ Manuka Honey guarantees to our customers that the level of Methylglyoxal is the equivalent if not greater than 300. This grade can begin at 300 and can be much higher depending on the area the honey is sourced. This features as our premium grade of Manuka honey.

### **BATCH TRACK**

#### MANUKA HONEY BATCH TRACK

ELSON HONEY

Our since Manike Honey Risch Tack programme ensures you can easy find our all test exactly for your just of Netion Honey Manika Honey. Each just of Neticen Honey Manika Unergroundains a unique Uland Cade which your ancrear is the Hann to the right to was the easilies of Independent sets of Cd Sagars, Hydrosyntehylfarlada (MM) and Meniphonal.

You'll also find additional information on what this means for your jar of original Nelson Honey Manuka Honey.

Please note: This information is only applicable for our Manuka Honey produced after September 2013. BatchTack search capabilities have been estended with the launch drout new velocities and we add new batch numbers regularly, however you may field not all batch numbers have been uploaded yet. If this is the case for your honey, don't worm, suit contacts and we will be able to e mail you the last new listed.



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ERIFY YOUR MANUKA

Enter your Betch No. eg: 112215MPI

#### 1 SEARCH RESULT FOR: 300915MH

#### 300915MH

Manuka 30+ Packed on 30th September 2015 Best before September 2020

View Test Results View Lab Report Test Results Explained

#### VIEW TEST RESULTS STRAIGHT FROM THE LAB TO YOU

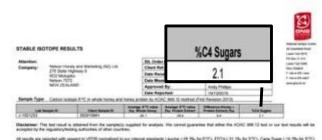
We are one of the few Manuka Honey manufacturers that provides our customers with complete and easy access to the test results for the Manuka Honey they have purchased. This represents our transparency to our many loyal customers.

#### **OKAY HOW DO I USE BATCH TRACK?**

Simply jump onto our website www.nelsonhoney.com type in the batch number located on the side of your jar and hit search. This will bring up your unique batch number along with the date it was packed. You can then view the Lab Report from Analytica Laboratories one of the most highly regarded Manuka honey testing Labs in New Zealand and along with the test results from GNS Science.

#### OKAY BUT I'M NOT A SCIENTIST WHAT DOES THAT MEAN?

We're glad you asked! We're not scientists either, which is why we have developed the informative little sheet called 'Test Results Explained' this little file contains all the information you will ever need and more to make these Lab Reports make perfect sense. If you still have any questions after that, your always welcome to contact our Customer Service team and we can assist you in any way possible.



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### MANUKA HONEY

### WHAT DOES MGO MEAN?

MGO or methylglyoxal is the natural compound that is responsible for the special unique activity that is found in Manuka Honey. Good manuka honey suppliers and beekeepers measure this to assess the level of activity. However, the activity can be reflected in different ways which can make it confusing. Here at Nelson Honey we keep it simple and only refer to the MGO activity (Methylglyoxal) as this compound is used as measure by all rating systems. It will be indicated on the front of the label as a number.

### **IS MGO IMPORTANT?**

Manuka Honey is well renowned for its special activity which sets it apart from other honeys. MGO (Methylglyoxal) is a key measure of this special activity. It is this activity that has been heavily researched and found to have special benefits. Many consumers use it to support everyday good health and wellbeing needs.

Choosing a Manuka Honey with a MGO activity rating is helpful. If you are using manuka honey to support good health we believe choosing a good quality authentic manuka honey that has been independently tested as Manuka Honey, is as important as activity. If you are eating or using your Manuka Honey in health drinks or adding it to food, we recommend all our MGO rated manuka honeys as they are ideal for everyday wellbeing needs.

### WEST COAST HONEY

#### WEST COAST HONEY

Nelson Honey's owner Philip calls our West Coast Honey a 'Fruit Bowl of Honeys' and with that he's referring to the wide range of native floral sources that make up our West Coast Honey.

Our bee hives are positioned in the pristine wilderness that is the West Coast of New Zealand's South Island. Our bees feed in these forests and bring you one of the purest honeys you will find anywhere in the world. With diverse native floral sources like Rata and Kamahi ,it really is a Fruit Bowl of Honeys!

Our West Coast Honey is mild flavoured, lightly coloured and a popular choice for children and adults alike. Great on toast, added to a glass of hot water, in baking or just by the spoonful!

AVAILABLE IN 250G, 500G, 1KG, 2KG





### HONEYDEW HONEY

#### **Honeydew Honey**

In contrast to most other honeys, Honeydew Honey is not a floral honey. Instead it is the product of two insect types working to create a delicious and unique honey. Small scale-insects inhabit our beech forests and produce a sticky liquid which is collected by honeybees foraging in remote native Black Beech forests in the South Island of New Zealand.

Honeydew Honey contains complex sugars called Oligosaccharides which research shows may support and strengthen good intestinal bacteria and digestive functions. These Oligosaccharides may be especially beneficial to people suffering from colitis or those taking antibiotics which are renowned for killing all the good bacteria in the intestinal tract. Honeydew Honey also contains higher levels of antioxidants compared to other floral honeys.

Nelson Honey's Honeydew is dark in colour, with a similar taste to golden syrup or treacle. This runny honey does not crystallise in cooler temperatures and is delicious with plain yoghurt, on toast, in drinks (smoothies!) or with your cereal each morning.

#### AVAILABLE IN 250G, 500G, 1KG, 2KG





# **SPECIALTY HONEYS**

#### MANUKA HONEY WITH PROPOLIS

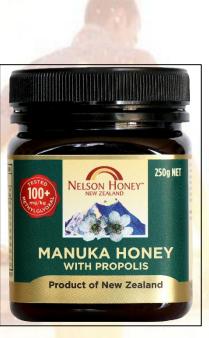
Nelson Honey's Manuka Honey with added Propolis combines the antibacterial properties of Manuka Honey with the antioxidant properties that Propolis is famous for.

#### **BUT WHAT IS PROPOLIS**

Bees make Propolis to seal cracks and repair other hive damage. The resinous nature of Propolis also makes it ideal for preventing putrefaction within the hive, e.g. small mice or lizards that might die in the hive can be sealed in in Propolis.

Research showed that by adding Propolis to honey, total phenolics, flavonoids, ABTS free radical and hydroxyl radicals scavenging and antiinflammatory activities increased.

Antimicrobial activity of honey and Propolis products showed synergic effects, resulting in higher results than those of the base honeys and Propolis extracts. Therefore, honeys enriched with small amounts of Propolis extracts are promising functional foods.



#### MANUKA HONEY AND BLACKCURRANT

Nelson Honey's Manuka Honey with Blackcurrant combines the antibacterial properties of Manuka Honey with powerful antioxidant properties of Blackcurrants grown in New Zealand.

#### **BUT WHAT IS BLACKCURRANT**

Blackcurrants contain high concentrations of anthocyanins, polyphenolics, antioxidants and other bioactives.

Research shows Blackcurrants may support healthy cardiovascular, eye, digestive system and kidney function and may also assist with immune responsiveness.



# Nectar Ease, Bee Pollen, Manuka Mouthwash, Essential Oils, Propolis & Apple Cider Vinegar

Nectar Ease

HEALTH

### NECTAR EASE - SPECIAL MANUKA HONEY

#### NECTAR EASE - SPECIAL MANUKA HONEY

#### **PRODUCT DESCRIPTION**

Healthy mobile joints are important to keep fit and active. Nectar Ease contains our hero blend of Manuka Honey & Bee Venom and is designed to put a spring in your step naturally.

#### WARNING

People who suffer from allergies, particularly bee allergies should always seek medical advice prior to use. Reduce dosage or discontinue use if side effects develop.

#### USE

It's important to know that one teaspoon of Nectar Ease contains less that one bee sting. However, we recommend to begin taking ¼ teaspoon per day and gradually increase dosage to 1-2 teaspoons per day as needed.

Please note no bees are harmed in the process of bee venom collection.



#### Special Manuka Honey With Added Bee Venom DIETARY SUPPLEMENT Product of New Zealand

### NECTAR EASE PLUS – WITH ADDED GLUCOSAMINE

#### NECTAR EASE PLUS – WITH ADDED GLUCOSAMINE

#### PRODUCT DESCRIPTION

Healthy mobile joints are important to keep fit and active. Nectar Ease Plus is a dietary supplement that combines three natural ingredients designed to put a spring in your step naturally.

Glucosamine Sulphate is an essential part of our body's joint cartilage and may assist in maintaining healthy and flexible joints. It also enhances the established benefits of Nectar Ease.

#### WARNING

People who suffer from allergies, particularly bee allergies should always seek medical advice prior to use. Reduce dosage or discontinue use if side effects develop.

#### USE

It's important to know that one teaspoon of Nectar Ease contains less that one bee sting. However, we recommend to begin taking ¼ teaspoon per day and gradually increase dosage to 1-2 teaspoons per day as needed.

Please note no bees are harmed in the process of bee venom collection.



### NECTAR EASE AND NECTAR EASE PLUS CAPSULES

#### **NECTAR EASE CAPSULES**

#### **PRODUCT DESCRIPTION**

Healthy mobile joints are important to keep fit and active. Nectar Ease Capsules contain the same two natural ingredients as described for Nectar Ease and they are designed to put a spring in your step naturally;

- Manuka Honey
- Bee Venom

Much the same as our Nectar Ease Honey but in a capsule form, making it suitable for people who perhaps don't like consuming honey or want a quicker easier way to get all of the goodness into their system.

#### WARNING

People who suffer from allergies, particularly bee allergies should always seek medical advice prior to use. Reduce dosage or discontinue use if side effects develop.

#### USE

This dietary supplement in convenient capsule form is ideal if you're always on the move and the low honey content is great for those on a low sugar diet like diabetics. Start with one capsule per day and gradually increase to 3 or 4 daily as required.



#### NECTAR EASE PLUS CAPSULES WITH ADDED GLUCOSAMINE

#### **PRODUCT DESCRIPTION**

Healthy mobile joints are important to keep fit and active. Nectar Ease Plus Capsules combine three natural ingredients that are designed to put a spring in your step naturally;

- Manuka Honey
- Bee Venom
- Glucosamine Sulphate

Glucosamine Sulphate is an essential part of our body's joint cartilage and may assist in maintaining healthy and flexible joints. It also enhances the established benefits of Nectar Ease.

#### WARNING

People who suffer from allergies, particularly bee allergies should always seek medical advice prior to use. Reduce dosage or discontinue use if side effects develop.

#### USE

This dietary supplement in convenient capsule form is ideal if you're always on the move and the low honey content is great for those on a low sugar diet like diabetics. Start with one capsule per day and gradually increase to 3 or 4 daily as required.



### NECTAR BALM BEE VENOM CREAM





#### NECTAR BALM BEE VENOM CREAM

#### **PRODUCT DESCRIPTION**

Nectar Balm is developed to support sports people and those in active occupations that are demanding on muscles, joints and ligaments.

Nectar Balm contains a soothing combination of essential oils, coldpressed olive oil, beeswax and our famous Nectar Ease (Manuka Honey & Bee Venom).

The soothing oils and beeswax quickly penetrate the skin to provide relief where it is needed most. Your skin will be moisturised and the combination of ingredients acts like a deep heat to support healthy muscles, joints and ligaments.

#### WARNING

People who suffer from allergies, particularly bee allergies should always seek medical advice prior to use. Discontinue use is allergic reaction develops.

#### **Directions for use**

Rub onto areas affected by aching joints, repeat as necessary.

Please note no bees are harmed in the process of bee venom collection.

#### AVAILABLE IN 60G TUBE OR 100G JAR

### **NELSON HONEY BEE POLLEN**

#### **NELSON HONEY BEE POLLEN CAPSULES AND GRANULES**

#### PRODUCT DESCRIPTION

Nelson Honey's Bee Pollen is collected by honey bees in New Zealand and contains vitamins, minerals, amino acids, proteins and carbohydrates.

Bee pollen is often called the only 'perfectly complete food' as it contains nearly all nutrients that humans need.

It may also be especially beneficial for the extra nutritional and energy needs of athletes and those recovering from illness. Bee pollen can also act as a natural antidote for fighting allergies, particularly hayfever and sinusitis.

Research shows that pollen counteracts the signs of aging and increases both mental and physical capabilities.

The Bee pollen used in our capsules are pellets harvested from bees and generally sweet in taste. This means they're a mix of the powdery pollen you will find on flowers and nectar or honey to make it stick together.

Pollen from different flowers can have distinctly different colours and that's why you will find colour variations between pellets, from yellow to green, red, orange and even purple.

#### WARNING

May cause severe allergic reaction. Allergy sufferers should seek medical advice before use and trial lower dosage before increasing intake.

#### **USE - CAPSULES**

Adults may begin with 1 capsule per day and increase dosage as required. Adults can take up to 6 capsules per day.

#### **USE - GRANULES**

Adults may take 1-2 teaspoons daily with food, ideal for sprinkling on cereal or porridge or adding to your daily smoothie!

AVAILABLE IN IN 125 CAPSULES / 250 CAPSULES AND 250G GRANULES



**BEE POLLEN** 

Product of New Zealand

PSULES

GMO FREE

### **ALPINE MANUKA MOUTHWASH**

#### **ALPINE MANUKA MOUTHWASH**

#### **PRODUCT DESCRIPTION**

Our Alpine Manuka Mouthwash is distilled from Manuka gathered from remote Nelson bush land in a sustainable manner. We only use leaves, small branches and seed capsules, not whole trees. Alpine Manuka Mouthwash supports oral health by healing mouth ulcers, gum disease, thrush, sore throats, bad breath and post-dental treatment. It may also be applied directly to minor cuts, burns, insect bites and rashes to aid healing and minimise infection.

#### USE

Use three times daily after meals by rinsing or gargling about 20ml (1tbsp) for about 30 seconds to support the healing of mouth or throat infections.

Apply directly to minor burns, cuts, insect bites and rashes to aid healing and minimise infection.

Store in a cool dark place.

AVAILABLE IN 100ML AND 500ML



Dioneer Herbs & Essential Oils ALPINE MANUKA MOUTHWASH (Leptespermum scoparium) Store out of sunlight below 30° MADE IN SU

### **100% ALPINE MANUKA ESSENTIAL OIL**

#### **100% ALPINE MANUKA ESSENTIAL OIL**

#### **PRODUCT DESCRIPTION**

Our 100% Alpine Manuka Essential Oil is sourced from Manuka (Leptospermum Scoparium) in remote bush land and extracted with a steam distillation process. We only use leaves, small branches and seed capsules, not whole trees.

#### WARNING

For external use only. Patch test on skin before use. If irritation occurs discontinue use. Keep out of reach of children. Avoid contact with eyes.



Apply sparingly to cuts and abrasions.



### APPLE CIDER VINEGAR WITH MANUKA HONEY

### **APPLE CIDER VINEGAR WITH MANUKA HONEY**

#### **PRODUCT DESCRIPTION**

Nelson Honey's Apple Cider Vinegar with Manuka Blend Honey is a 100% pure natural product made with sun drenched apples from Nelson and Manuka Honey from our honey bees and is free from artificial flavours and colours.

Research shows that apple cider vinegar has many health benefits, and the combination with Manuka Honey means you can enjoy added health benefits and a great taste.

Apple cider vinegar can increase insulin sensitivity and may lower blood sugar levels during meals. It can increase satiety which may help you eat fewer calories.

#### WARNING

If you currently take blood sugar lowering medication, check with your doctor before increasing your intake of apple cider vinegar.

#### USE

Shake well before use and refrigerate after opening. Take 2-3 tablespoons according to taste in a glass of warm water or juice. Can be taken daily.

#### AVAILABLE IN 500ML AND 1LTR



### **BEE PROPOLIS - WHAT IS PROPOLIS?**

Propolis varies between hives, districts and seasons. It is usually dark brown in color, but colour variations occur depending on available vegetation. The environment also affects chemical composition. Propolis may contain up to 180 constituents – resins, balsams, waxes, essential oils, pollen and minerals. The main chemical classes present are flavonoids (e.g. Quercetin, Pinocembrin), phenolics (e.g. Caffeic acid) and various aromatic compounds.

The predominant constituents of Propolis are complex natural chemical compounds called flavonoids. Their well-reported antibacterial, antiviral, anti-fungal, antioxidant and anti-inflammatory properties are believed to account for most of the biological activity of propolis.

#### **BEE PROPOLIS DROPPER**

#### **PRODUCT DESCRIPTION**

Nelson Honey Bee Propolis is sourced from New Zealand hives only and this handy dropper with 20% extract is great when you're on the move.

Research shows that propolis has antibacterial, antiviral, antifungal, antioxidant and anti-inflammatory properties and may assist in fighting infections, boosting the immune system, healing cold sores and treating skin injuries.

#### WARNING

Propolis may cause severe allergic reactions.

#### USE

For internal use add 3-4 drops in water and drink or gargle as required.

For external use apply directly to appropriate area. Dilute for sensitive skins.



#### **BEE PROPOLIS THROAT SPRAY**

#### **PRODUCT DESCRIPTION**

Nelson Honey Bee Propolis is sourced from New Zealand hives only and this handy Throat Spray with 20% extract is a great ready-to-use spray, ideal when you're travelling or on the run.

Research shows that propolis has antibacterial, antiviral, anti-fungal, antioxidant and anti-inflammatory properties and may assist in fighting infections, boosting the immune system, healing cold sores and treating skin injuries.

WARNING Propolis may cause severe allergic reactions.

#### USE

Shake well before use. Spray onto the back of the throat as often as required.



# Royal Nectar<sup>™</sup>





FOR MORE INFORMATION PLEASE CONTACT

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